

Allergy info

PLU	09/07/2020	Vegetarian	Nuts	Peanuts	Sesame	Dairy	Egg	Cereals contain	Fish	Shellfish and cru	Sulphites	Mustard and de	Lupin	Celery	Soya	
		BREAKFAST														
271	Moksha Breakfast						YES	YES								
272	Vegetarian Breakfast	YES					YES	YES								
158	Vegan Breakfast	YES						yes								
273	Huevos Rancheros					yes	YES	YES								
288	Scrambled egg on toast	YES				YES	YES	Yes								
	Smoked Salmon & Scrambled Eggs					YES	YES	YES	YES							
275	Eggs Benedict					YES	YES	YES				YES				
276	Eggs Royal					YES	YES	YES	YES			YES				
277	Eggs Florentine	YES				YES	YES	YES				YES				
468	Crab Benedict					YES		yes				YES				
420	Huevos Benedictos					YES	YES	yes				YES				
	Tofu Benedict	YES						yes				yes			yes	
34	Shakshuka	YES				YES	YES	YES								
	Ham hock					YES	YES					y				
	Chewy brown toast	Yes						YES								
	Sourdough toast	Yes						YES								
	Homemade Granola	YES	YES			YES		YES								
	Porridge	YES				YES		YES								
474	Organic Tofu Scramble	YES			Yes			yes							Yes	
14	Bacon sandwich							YES								
	Pancakes															
278/419	Blueberry Pancake/ Banana Pancakes	YES				YES	YES	YES								
79	Vegan Pancakes	YES	YES													
473	Bacon Pancakes					Yes	Yes	Yes								
	KIDS BREAKFAST															
472	Kids breakfast						YES	YES								
10	Beans on Toast	yes						yes								
280	Kids pancakes	YES				YES	YES	YES								
228	Kids Vegan Pancakes	yes	yes													
2	Kids beef burger					YES	YES	YES								
100	Tofu Nuggets	yes													YES	
287	Egg on Toast	YES				YES	YES	YES								
3	Kids fish fingers chips and peas								Yes							
	BURGERS															
403	Beef Burger					YES	YES	YES				YES		YES		
45	Monterey Jack					YES	YES	YES				YES		YES		
404	Brighton Blue					YES	YES	YES				YES		YES		
408	Mushroom & Halloumi	YES				YES	YES	YES				YES		YES		
1	Posh Fish					YES	YES	YES	YES							
7	Falafel	YES						YES								
480	Vegan Burger	YES	yes					yes							yes	
	EXTRAS															

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	Hash Browns	YES													
	Sausage							yes							
	Black Pudding							yes							
	Homemade baked beans	YES													
	Wilted spinach/kale	YES				YES									
	Honey roast ham										YES	Yes			
	Bowls/Salad														
17	Burrito Bowl	YES													
36	Falafel Bowl	YES	yes		YES										
26	Superfood Salad	yes										yes			
15	Veg Poke Bowl	yes			yes										yes
	Bruschettas														
290	Tomato Bruschetta	YES			yes			YES							
467	Jackfruit Taco	yes	yes												
422	Roasted veg/Halloumi Bruschetta	YES			yes	YES		YES							
	CAKES														
	Battenburg	YES	YES			YES	YES	YES							
	Banana Muffins dairy free	YES	YES				YES	YES							YES
69	Blueberry muffins dairy free	YES	YES				YES	YES							YES
	Cheesecake oreo/crème egg/banana	YES				YES	YES	YES							
75	Banana Cake	YES	YES			YES	YES	YES							
48	Brownies	YES	YES			YES	YES	YES							
	Shortbread	YES				YES	YES	YES							
	Pisatchio slice	YES	YES			YES	YES	YES							
	Carrot cake	YES	YES			YES	YES	YES							
	Victorian Songe	YES				YES	YES	YES							
61	Oat cookies	YES				YES		YES							
60	Granola BAr	YES				YES		YES							
	Breakfast bar	YES				YES		YES							
	Blueberry tart	YES	YES			YES	YES	YES							
	Chocolate and beetroot	YES				YES	YES	YES							
	Flourless Chocolate cake GF	YES	YES			YES	yes								
	Caramel shortbread	YES				YES	YES	YES							
	Seeded cookies	YES	YES			YES	YES	YES							
	Orange & Almond Cake	YES	YES				YES								
	Lamingtons	YES				YES	YES	YES							
	Pain au Chocolat	YES				YES	YES	YES							YES
	Almond Croissant	YES	YES			YES	YES	YES							YES
	Plain Croissant	YES				YES	YES	Yes							YES