

breakfast & brunch

MOKSHA BREAKFAST 12.50

Free-range Sussex Cumberland sausage, Sussex free range bacon, free-range eggs (choose from fried, scrambled or poached) grilled flat mushroom, grilled beef tomato, homemade baked beans & toasted sourdough.

add black pudding 1.50

VEGETARIAN BREAKFAST 12 [v]

Grilled flat mushrooms, cherry vine tomatoes, wilted spinach, homemade baked beans, free-range eggs (choose from fried, scrambled or poached) & toasted sourdough.

add halloumi 1.75

PLANT-BASED BREAKFAST 12 [pb]

Grilled flat mushrooms, cherry vine tomatoes, wilted spinach, homemade baked beans, tofu scramble & toasted sourdough.

HALF BREAKFAST 8.50

Free-range Sussex Cumberland sausage, grilled beef tomato, homemade baked beans, free-range eggs (choose from fried, scrambled or poached) & toasted sourdough.

add black pudding 1.50

SHAKSHUKA 13 [v]

Free-range poached eggs in a middle-eastern inspired spiced red pepper sauce topped with crumbled feta and greek yoghurt. Served in a skillet with a toasted wrap.

add free-range Sussex chorizo 2.50

VEGAN SHAKSHUKA 13 [pb]

Tofu in a middle-eastern inspired spiced red pepper sauce topped with vegan yogurt and feta style vegan cheese. Served in a skillet with a toasted wrap.

HUEVOS RANCHEROS 13

Crisp tortilla base with free-range chorizo sausage & a black bean, sweetcorn & chipotle sauce, topped with melted cheese, free-range fried eggs & an avocado & tomato salsa.

VEGAN TOFU BENEDICT 11 [pb]

Organic tofu, Asian greens, vegan hollandaise, toasted sesame seeds, served on toasted sourdough.

TOFU SCRAMBLE 10 [pb]

Tofu, pan-fried mushrooms, kale, crispy onions, sambal & spices on sourdough

TRY OUR FAMOUS
HASH BROWNS

[pb]
3.50

AMERICAN STYLE PANCAKES

BLUEBERRY 10

Blueberry pancakes with a pot of maple syrup.

BANANA & SALTED CARAMEL 10 [v]

Banana pancakes topped with home-made caramel sauce.

STREAKY BACON 11

Blueberry pancakes with South Down Farm smoked bacon and a pot of maple syrup.

EGGS

All with free-range eggs from Henfield

EGGS FLORENTINE 9 [v]

Wilted baby spinach, free-range poached eggs topped with homemade hollandaise sauce, served on toasted sourdough.

EGGS ROYALE 9.50

Smoked salmon from Springs' Smokery, free-range poached eggs topped with homemade hollandaise sauce, served on toasted sourdough.

EGGS BENEDICT 9.50

South Down Farm bacon, free-range poached eggs topped with homemade hollandaise sauce, served on toasted sourdough.

CRAB BENEDICT 11

White crab meat, chilli lime mayo with smashed peas, poached eggs & hollandaise sauce on rye bread.

HUEVOS BENEDICTOS 11]

Free-range chorizo sausages, free-range poached eggs topped with avocado & tomato salsa, chipotle hollandaise on toasted sourdough.

HAM HOCK 12 [gf]

Our famous hash browns topped with slow-cooked Sussex ham hock, kale, smashed peas, poached eggs & hollandaise sauce.

FREE-RANGE EGGS ON TOAST 6 [v]

Choose from fried, poached or scrambled.

with avocado salsa 7.75

with Sussex free-range bacon 7.75

with Springs smoked salmon 10

DIRTY BRUNCH BURGERS

add skin-on-fries to your dirty burger 2.50

DIRTY BACON 8

South Down Farm bacon, our famous hash-brown, Monterey Jack cheese, chilli jam and fried egg in a brioche bun.

DIRTY HOCK 8

Slow-cooked Sussex ham hock, our famous hash-brown, Monterey Jack cheese, chilli jam and fried egg in a brioche bun.

DIRTY VEGGIE 8 [v]

Flat mushroom, our famous hash-brown, Monterey Jack cheese, chilli jam and fried egg in a home-made brioche bun.

DIRTY VEGAN 8 [pb]

Flat mushroom, our famous hash-brown, vegan cheese, chilli jam and avocado in a home-made vegan bun

VEGAN & GLUTEN-FREE 10 [pb, gf]

Vegan & gluten-free pancakes with banana, pecan nuts & maple syrup

FULL AMERICAN 13

Pancakes with sausage, smoked streaky bacon, fried or scrambled eggs, maple syrup and homemade beans

burgers

upgrade to sweet potato fries £1.00
make your burger gluten-free 50p

Served in a home-made brioche style bun, gherkin and skin-on-fries

BEEF BURGER 12

Free-range grass fed beef patty with homemade burger sauce, mayo, tomato, pink onions & iceberg lettuce.

MONTEREY JACK 13

Free-range beef patty, Monterey Jack cheese, tomato, iceberg lettuce, pink onions, mayo & homemade homemade burger sauce.

BRIGHTON BLUE 14

Free-range beef patty with award-winning Brighton blue cheese, Sussex smoked bacon, homemade burger sauce, mayo, tomato, pink onions & iceberg lettuce.

MUSHROOM & HALLOUMI 12 [v]

Grilled flat mushroom with melted goats cheese, grilled halloumi, homemade burger sauce, mayo, tomato, pink onions & lettuce

VEGAN BURGERS

Served in a home-made vegan bun, gherkin and skin-on-fries

CHICKPEA BURGER 12 [pb]

Homemade falafel with sriracha mayo, cucumber, tomato, pink onions & lettuce.

MOVING MOUNTAIN BURGER 12 [pb]

Lettuce, tomato, cucumber, pink onions with sriracha mayo.

bowls & salads

VEGAN FALAFEL BOWL 12 [pb, gf]

Roasted vegetable & homemade falafel with spinach, pickled red cabbage, carrot, yoghurt tahini dressing & dukkah.

VEGAN POKE BOWL 12 [pb, gf]

Teriyaki tofu, quinoa, avocado, spinach, cucumber ribbons, toasted sesame seeds, pickled red cabbage with Asian ranch sauce.

light bites

TOMATOES & HOUMOUS 8 [pb]

Grilled cherry vine tomatoes on toasted sourdough with houmous topped with tomato & avocado salsa.

ROASTED VEG & HALLOUMI 8 [v]

Roasted vegetables, houmous and halloumi on toasted sourdough. Contains chilli.

ROASTED MUSHROOMS 10 [pb]

Roasted Mushrooms with sauted kale, yoghurt and tahini dressing with dukkah on toasted sourdough

SALMON CREAM CHEESE 9

Smoked salmon from Spings' Smokery, avocado & tomato salsa, cream cheese, cucumber ribbons and lemon on toasted sourdough.

fresh juices

ALL JUICED HERE BY US :)

Orange 4

Apple 4

Carrot, ginger, apple & turmeric 5

SHOTS

Ginger & apple shot 2.75

COCKTAILS

AVAILABLE FROM 10AM

MIMOSA 6

GIN & FEVER TREE TONIC 6

APEROL SPRITZ 7

PEACH OR PASSIONFRUIT BELLINI 7

BLOODY MARY 7

MOJITO 8

White rum, sugar, lime, mint and soda water.

COLD BREW MARTINI 8

Vodka, Mr Black coffee liqueur and cold brew coffee

FROZEN DAIQUIRI 8

White rum, lime (berry or tropical)

MARGARITA 8

Tequila, triple sec, lime juice

MOCKTAILS

ROYAL BELLINI 6

Peach or passion fruit purée and Royal flush kombucha

REAL MOJITO 6

Lime, sugar syrup, fresh mint and dry dragon kombucha

DRAFT BEER

Poretta Craft Lager 5.2%

half 3.50 pint 6



[v] Vegetarian [pb] Plant-Based/vegan [gf] Gluten-free. Gluten-free option available on most dishes, just let us know your dietary requirements. If you have an allergy, please speak to a member of staff at the time of ordering.

Our food is freshly prepared in our kitchen, so we are unable to guarantee it is totally free from allergens. VAT is included in the price. Optional 10% service charge will be added to your bill and will go to staff.

COCKTAILS

MIMOSA	6
GIN & FEVER TREE TONIC	6
APEROL SPRITZ	7
PEACH OR PASSIONFRUIT BELLINI	7
BLOODY MARY	7
MOJITO	8
White rum, sugar, lime, mint and soda water.	
COLD BREW MARTINI	8
Vodka, Mr Black coffee liqueur and cold brew coffee	
FROZEN DAIQUIRI	8
White rum, lime (berry or tropical)	
MARGARITA	8
Tequila, triple sec, lime juice	

MOCKTAILS

ROYAL BELLINI	6
Peach or passion fruit purée and Royal flush kombucha	
REAL MOJITO	6
Lime, sugar syrup, fresh mint and dry dragon kombucha	

CIDER

GUN BREWERY LIMBERTWIG CIDER 5.5%	4
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BEER

DRAFT

PORETTI LAGER 5%	HALF 3.50 PINT 6
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CANS

BEAVERTOWN GAMMA RAY APA 5.4%	4
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GUN BREWERY [gfl] PROJECT BABYLON 4.6%	4
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GUN BREWERY VERMONT PALE 4.4%	4
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BROOKLYN SPECIAL EFFECTS 0.4%	4
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WINE

WHITE

WEINGUT TESCH RIESLING QUEEN OF WHITES [vegan]	
Pale yellow in colour Rich, with notes of acacia, honey and lime on the nose On the palate it possess amazing concentration of fruit balanced by fine minerality and crisp acidity 12.5%	

175ML 6.25 CARAFE 16 BOTTLE 23

RED

JOURNEY COLLECTION RIOJA CRIANZA RAMON BILBAO [vegan]	
Notes of black fruit and fresh red berries, sweet, spicy aromas of vanilla, cumin, pastries and nuances of wild herbs. A fresh, intense mouth-feel with good acidity and ripe tannins. It is a really well balanced, harmonious wine. 14.0%.	

175ML 6.25 CARAFE 16 BOTTLE 23

SPARKLING

PERE DIVINA CAVA VENTURA [vegan]	
Fresh and intense, this Cava has beautiful notes of green, crunchy apple, honeycomb and a refreshing acidity. 11.5%	

125ML 6 BOTTLE 25

ALCOHOLIC DRINKS AVAILABLE
FROM 10AM

check out
our specials

Look out for our specials menu
with seasonal dishes and drinks

coffee

SHORT

ESPRESSO	2.00 • 2.30
MACCHIATO	2.20 • 2.50
CORTADO	2.80

BLACK

AMERICANO	2.20 • 2.50
LONG BLACK	2.50
GUEST FILTER	2.30 • 2.60

WHITE

LATTE	2.80 • 3.10
CAPPUCCINO	2.80 • 3.10
FLAT WHITE	3.00
MOCHA	3.00 • 3.30
DIRTY CHAI	3.50 • 3.80

With Almond milk

ICED COFFEE

ICED LATTE	3.15
ICED MOCHA	3.45
COLD BREW	3.50
COLD BREW CAPPUCCINO	3.50

PLANT BASED MILK OPTIONS

organic bonsoy • oatly barista
almond • coconut

Our dairy milk comes from
Downsview farm, Lewes

shakes & smoothies

COFFEE FRAPPÉ	4
COOKIES & CREAM	4.75
GO BANANAS	4.75
Banana, oat milk, avocado, raw cacao nibs and date syrup	
MANGO LASSI	4.75
Passion fruit, mango, yoghurt and milk	
MERRY BERRY	4.75
Blackberry, strawberry, raspberry, blueberry and banana	
TROPICAL CRUSH	4.75
Passion fruit, papaya, mango and pineapple	
GROOVY GREEN	4.75
Avocado, spinach, pear, mint, green apple and melon	

tea & hot drinks

TEA

TEA BY HOOGLY	2.00
FRESH MINT TEA	2.00
MATCHA GREEN TEA	2.75

HOMEMADE CHAI LATTE	3.05
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With Almond milk

ORGANIC TURMERIC LATTE	3.05
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With Coconut milk

ORGANIC MATCHA FLAT WHITE	3.05
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With Coconut milk

HOT CHOCOLATE

HOT CHOCOLATE	2.50 2.80
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Also available as vegan

KIDS CHOCOLATE	2.00
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fresh
juices

ALL JUICED HERE BY US :)

Orange 4

Apple 4

Carrot, ginger, apple & turmeric 5

SHOTS

Ginger & apple shot 2.75



cold drinks

COCA COLA	3.00
DIET COKE	3.00
GINGER BEER	3.00

PEACH ICED TEA	3.10
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HOMEMADE LEMONADE	3.50
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Choose sparkling or still

KOMBUCHA

KOMBUCHA DRY DRAGON	3.75
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Fermented green tea, hints of citrus and fresh apples

KOMBUCHA ROYAL FLUSH	3.75
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Fermented Darjeeling tea, notes of rhubarb and white peach

WATER

SPARKLING WATER 75CL	1.50
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Filtered and carbonated on-site